



# SUMMER SIZZLER

## Gymnastics Display Event

We are a gymnastics event provider, offering gymnasts the opportunities to perform, compete and most of all enjoy themselves whilst making their day out with their families as special as they are. Gymnasts hands are always full when they leave our events, and event gifts differ. They include things like certificates, medals, badges, ribbons, sweet treats, t-shirts, water bottles and novelty gifts, all included in the gymnast entry fee.

### **Event Overview**

- This is a non-competitive display event.
- Teams of 8-40 are welcome to perform.
- There are no individual, duo or trio categories.
- There are no age restrictions on the participants in each team.
- Depending on demand there *may* be a morning and afternoon show, please stipulate which one you would prefer in your registration form. We will endeavour to meet your requests but this can not be guaranteed.
- This is a celebration of gymnastics, all performers will be encouraged to have fun, smile and enjoy their day.

### **When & Where**

Event Day is  
**Sunday 8th June 2025**  
Entry closing date is  
**1st April 2024**  
Gymnast registration due  
**8th April 2024**

### **Event is held at:**

Worthing Leisure Centre  
Shaftsbury Avenue  
BN12 4ET

Timings will be released  
closed to the time

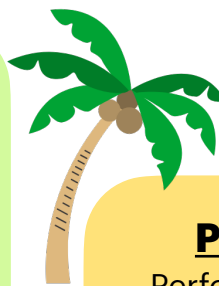
### **Event Theme:**

#### **"Weekend at the Seaside!"**

- Your team are welcome to incorporate a 'Summer' theme to your performance, since we have a day at the seaside
- Music can be cut, remixed or the original tracks.
- We will be putting on the best show for the audience and have them up on their feet throughout the shows.
- Have fun with the theme, costumes, music, make up and anything else can be incorporated as much or as little as you wish.

### **Who is this event for?**

- Any group of gymnasts who are looking for full size sprung floor performances. Welcome to bring trampettes and props.
- All performers are welcome, whether you are in a competitive Acro team, or recreational display group. There are no limits on age, ability, sex or anything else. This is a fun, all inclusive and encouraging festival. Please inform us if your team have any special requirements



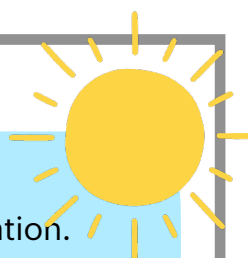
### **Performance Area**

Performance Area will be on a 12 x 12m Sprung Air floor. Warm up area is not sprung. It will include a general warm up and run through with music as well as an air track to run any tumblers.

We will not be providing any additional equipment, you are welcome to bring your own with you, please email a risk assessment of the additional equipment you are bringing.

### **Spectators**

- This will be a ticketed event.
- Tickets will be released and emailed to all clubs at the same time and bookable online.
- Spectators tickets will be £10.00 per seat.
- Children must have their own seat.
- Any under 2's who wish to share a seat with a ticket holder do not need to purchase a ticket.



## **Coaches Information**

By entering the event you agree to the following:

- Lead Coaches must be a minimum level 2 qualified.
- There must be 1 lead coach per team. If teams are in different rounds this can be the same person.
- You are welcome to bring up to 2 additional team chaperones or assistant coaches free of charge. All must be DBS checked. Any additional chaperones or coaches on top of these 3 must pay £7.00 to receive a backstage pass. They will be able to watch their groups performance, but will not receive a seat in the arena.
- If you have gymnasts under 6 years old in your team you must supply adequate chaperones to assist with toilet / drinks runs.
- Your gymnasts do not perform higher skills than your qualification allows.
- A coach must be at the front for their teams performance.
- Lead coaches are responsible for their gymnasts throughout the event. This includes your own registration and appropriate dismissal, as well as ensuring you know where every gymnast is at all times.

# Summer



## **Performance Times**

<b>Team Size</b>	<b>Max Length of Music</b>
8-15 performers	5 minutes
16-24 performers	6 minutes
25+ performers	8 minutes

**All music must be submitted before the event , if your music is longer than this allocation please email to let us know ahead of time.**

## **Deadlines**

There is a 2 part registration.

**Step 1:** Completing the team registration form online

[www.ultimategymnasticsevents.com](http://www.ultimategymnasticsevents.com)

Once completed you will be sent an invoice for £20.00 for each performance to secure the performance slot.

**Closing date for Team Registration is 1st April 2025**

**Step 2:** Register individual gymnasts.

Team sheets must be completed and gymnast entry fee of £26.50 per gymnast performing.

**Closing date for Gymnast Team Sheets including t-shirt sizes is 8th April 2025**

**Music Deadline is 17th April 2025**

**Team Bio Deadline is 8th May 2025**

Clubs are welcome to enter more than 1 team, there is no limit.

Please note if this event becomes full sooner then entries will close before this date.

## **Insurance Information**

This event is run by an independent Gymnastics Club. Meaning we are not affiliated to BG, IGA or any other governing body.

Therefore any club is welcome to participate in the event under our insurance which covers all public liabilities and indemnities.

Coaches must all have their own insurance, and if individual participants would like their own personal accident insurance they are welcome to take this out individually.

Contact Info: [info@ultimategymnasticsevents.com](mailto:info@ultimategymnasticsevents.com)

**Further information will be provided to each team once your space in the event is confirmed**